

# *TRAPEZE ARTS SUMMER CIRCUS CAMP 2010*

## *INFORMATION SHEET*

We are looking forward to another exciting summer of Circus Camp at Trapeze Arts and sharing the magic of the circus with the kids!!!...

Here are the nitty gritty details that you will need to know so the week is organized, safe and fun for everyone.

### **HOURS:**

- \* Camp will run from 9:00am-3:00pm, Monday through Friday, except for the Short Week (July 6-9), which will run from Tuesday through Friday
- \* Our staff will be here at 8:45am to open the gym
- \* Camp will end promptly at 3:00pm
- \* Any child(ren) not picked up by 3:00pm will automatically be signed into aftercare
- \* Aftercare is available from 3:00pm-5:00pm
- \* The cost for aftercare is \$25.00 per child/per day or \$85/per child for the week if you register in advance

### **REGISTRATION:**

- \* Prior to the start of camp, all parents will need to complete a registration form, a medical history and insurance information form and a release of liability waiver. All of these forms can be found on our website ([www.trapezearts.com](http://www.trapezearts.com)) under the link for downloadable forms, or they can be mailed to you. Please **bring** the completed forms with you on the first day of camp, **DO NOT** send them back ahead of time. Registration on the first day of camp is much more efficient if everyone has completed forms in hand....

### **LUNCH AND SNACKS:**

- \* Time will be allotted for a morning and afternoon snack as well as a lunch break
- \* Children need to bring their lunch and extra food and drink for the two snack periods
- \* The children will be expending a lot of energy each day, please make lunches and snacks hearty and healthy ☺
- \* We have **NO** kitchen facilities or food supplies at the school, so please make sure you include all utensils, napkins, cups, etc. in lunches
- \* We do sell juices, sodas, water and light snacks at the school, so if you would like your child(ren) to be able to purchase anything while they are here, you can put money on an account for them. Conversely, if you do not want your child(ren) to buy anything, please let our staff know.

### **CLOTHING:**

- \* It is important that the children are dressed properly for circus activities. Leotards, t-shirts or tank tops are fine on top, and leggings or fitted shorts should be worn on the legs. When we do trapeze activities, it is recommended that the children cover their full leg, so please send along tights or sweatpants (not too baggy) so they can change.
- \* Socks or gymnastic shoes are fine as footwear, except for when we are on the special "circus" bicycle. For this, **CLOSED TOE** shoes are required, so please make sure the children have a pair each day
- \* Hair **must** be tied back. We don't want anyone's vision obstructed by hair falling in their face

### **PERFORMANCE:**

- \* On Fridays, at the end of each camp week, **except** for Week 3, there will be a CIRCUS SHOW for families and friends. This is an informal setting in which the children will have an opportunity to showcase all they have learned throughout the week. It is a real show with costumes, music and all!! You won't want to miss it ☺
- \* The show will run anywhere between 1-1.5 hours, and will begin **promptly** at 1:30pm, we aim to finish by 3p

### **VIDEO:**

- \* We will be filming the Friday circus show and will have it available for purchase on DVD